



October 2011

Clark County Association for Home & Community Education

Clark County HCE President Diana Schuette
Vice President for Program and Community Outreach Lois Becker
Family Living Agent / HCE Advisor Julie Simek-Heggebo
HCE Secretary Lori Hendrickson

Presidents Letter

The 2011 State HCE Conference is now history...ten members of the Clark County Association For Home and Community Education were there to enjoy the hospitality of the Stony Creek Inn in Onalaska. We even had one first timer—Ethelyn Theisen—who decided to attend her first State Conference at the age of 92! We also had the opportunity to act as hostesses since the West District enlisted our help to serve as hostesses at various workshops and meals. Our past president, Joan Knack, and our advisor Julie Simek-Heggebo had worked on planning this annual event and Julie taught a session on “Cooking for Two”. There were a variety of other workshops ranging from Women's Heart Health to Pruning Shrubs and Trees. There was literally something for everyone.

Clark County was well represented in the Cultural Arts displays. Arlene Stark took home a Medallion (HCE's answer to the 4-H Award of Excellence) with her photograph of a coleus plant. Cindy Craig of Neillsville also had several blue ribbons in photography, Lois Becker and Joan Trunkel took home blue ribbons in quilting. Other winners are listed on page 4.

Your president was gratified to know that retaining members in HCE is a problem throughout the state, not just in Clark County. It was decided at the presidents' meeting to allow the State Executive Board to pare the districts down from 8 to 6, mainly to save money and board members. The final realignment won't be determined until next year, when we will need to vote on it.

After much discussion it was decided to eliminate the position of Family Life Chairman and combine those duties with the Vice-President for Community Outreach. This position will be renamed Vice President for Family and Community Outreach. We will need to change our county bylaws to correspond with these changes on the state level.

(continued on next page)



Mission Statement of the Wisconsin Association for Home and Community Education

HCE Offers Opportunities for:

- Learning in a social setting*
- Sharing what we learn*
- Caring to make a difference in our homes, communities, and the world*

Now it is time for our local county business meeting. It will be held November 8 at the Adult Development Service Center in Greenwood. All club presidents and secretaries should attend. Membership dues will be collected, and new officers will be elected. Just a word of encouragement—if one of the nominating

committee taps you on the shoulder, take a minute before saying “no”. I firmly believe that serving on the county board is a valuable experience, not just for yourself, but for the entire organization. It is always

helpful to get new people with new ideas. That way we prevent our members from getting in the habit of saying “but we've always done it that way!” I am looking forward to 100% participation at this meeting.

One final thing....congratulations to Joan Buchholz for planning a delightful and educational trip to Northern Wisconsin. I got to go along with this one and the weather was perfect! Our tours were very unusual and educational, and the food was fantastic. I think I can honestly say that a good time was had by all!

Diana Schuette
Clark County HCE President

Fall Business Meeting Tuesday, November 8 ADS—Greenwood 6:30 p.m.

We will be collecting items for the Clark County Department of Aging this year and they are in need of the following:

- Coffee/Tea
- Fruit in natural juices
- Meat products: tuna, salmon, canned meats (chicken, turkey, ham)
- Vegetables: carrots, beets, pork and beans (we usually have corn, peas, and green beans available)
- Low sodium or health choice soups (any variety)
- Paper products: toilet paper, paper towels, napkins (we add these items to food boxes)
- Graham crackers (good for diabetics)
- Soap: laundry, dish
- Personal care products: shampoo, bath soap (If you travel and don't know what to do with the small bottles of shampoo, lotion, and soaps, we will also give those out to the seniors)

Please be sure to have at least one person from your club attend.

***Just a reminder—the HCF newsletter can now be found on-line at:
<http://clark.uwex.edu/hce-newsletters/>***

***Also—you can request that you receive your newsletter via email to save on postage—
contact Lori at 715-743-5121 / lori.hendrickson@co.clark.wi.us***

Club News

Candlelight / September

- President Boortz reported that her family members enjoyed working in the Dairy Bar with her
- Several club members are planning on participating in the HCE Fall Tour
- October meeting will be held at the Legion Hall

Hilltop / September

- Members brought items for white elephant sale
- Reports given by Kathleen (IC) - Indian Homemakers Assoc. of British Columbia; Alice (HEE) - simple water saving tips; Arlene (FHN) - exercise and depression; Audrey (Safety) - fall safety tips
- Next meeting October 25 at Cindy's; roll call will be trick or treat item for secret pals

Live 'N Learn / September

- Committee reports given by: Barb Kingsbury (FHN) - Central WI State Fair and MN State Fair. They had sculptures of the Fair Princess and her court which are carved out of butter. Virgene Dahlby (HEE) - use of coffee grounds in flower beds and using a flashlight to coax a bug out of a person's ear. Patty Rinka (IC) - discussed opposition to republicans marching in the Labor Day parade which was reported in the Marshfield News Herald
- Members were reminded to watch for busses and children now that school is back on
- November meeting scheduled for the 3rd at Virgene Dahlby's home

Lone Pine / September

- Roll call was what you like about fall
- Reports given by Violet (meal portions and managing stress), Marie (Obama health care plan for seniors and saving \$\$ on household cleaners), Margaret (buying American products could jumpstart the economy)
- Next meeting is October 26 at Sally Malm's home

Merry / September

- Helen talked about visiting her daughter in Mongolia
- Beatrice reported on the importance of fiber in your diet
- Mary reported on insulin in an inhaler as a treatment for Alzheimer's and concerns of sand blasting
- Carol Poehlein is resigning as club president

Owen Happy / September

- Sandy taught club members the crocheted necklaces craft and we each made one
- Patty, Sally and Bev are planning to be readers again for the WI Bookworms™ project again
- Next meeting is October 10 at Fern Laube's home

Up and Coming / September

- Jane shared pictures with members of her trip to Alaska

HCE Leadership Training

Prescriptions—Name Brand vs. Generic

Tuesday, November 1
Courthouse Auditorium
6:00—7:00 p.m.

Thursday, November 3
Loyal City Hall
9:00—10:30 a.m.

Kristin Weiler will be discussing the differences between name brand and generic prescriptions as well as herbal supplements.



Please contact the UW-Extension Office (715-743-5121) to let them know which session you will be attending and how many packets (if available) you will need for your club.



Happy Halloween

Thank You

Thank You

Thank You

We would like to thank everyone who worked in the Dairy Bar at the Clark County Fair this year.

Just a reminder that monetary donations are appreciated any time from clubs or individual members that are not able to work in the Dairy Bar.

Proceeds from the Dairy Bar are used for the 3—\$500 scholarships that HCE awards to students each year.

Arlene Stark and Cindy Craig
HCE Dairy Bar Chairpersons

State HCE Conference Report

Clark County HCE took 13 items to the State HCE Cultural Arts Contest and came home with 9 blue ribbons, 3 red and 1 white, plus a medallion for top in their class.

Blue ribbon winners were:

- Arlene Stark—Coleus photograph (was also the medallion winner); Follow The Path, and Boats in Dock
- Cindy Craig—Fall Hike and Going Up!
- Ethelyn Theisen – Felted wool purse
- Lois Becker – Flower Garden quilt
- Joanne Trunkel – Hummingbird wall hanging
- Marilyn Hinker – Christmas Wreath wall hanging

Red ribbon winners were:

- Cindy Craig – Niagara Falls photograph
- Lois Becker – Gardening Time wall hanging
- Joan Knack – Saturday Memories essay

White ribbon winners were:

- Avis Becker—Stars 'n Stripe quilt

Congratulations everyone!

I was a first timer at the Sate HCE Conference—what a fun and interesting time I had! It was especially heart warming that a lot of people came up and said welcome; did you enjoy it, and come again! I went to 6 classes which were all good and helpful too. The speaker was great! Thank you for paying a share of my time there.

Sandy Fritz, Owen-Happy

**HCE Executive Board Meeting
October 4, 2011**

The meeting was called to order at 6:40 p.m. at the ADS in Greenwood with the flag pledge and creed.

Present were: Diana Schuette, Sandy Fritz, Lois Becker, Pat Miller, Cindy Craig, Joan Knack, Donna Koski, Mary Kipp, and Julie Simek-Heggebo, Advisor.

The **Secretary's report** was reviewed and placed on file.

The **Treasurer's report** was reviewed and placed on file.

Budget for 2012 was reviewed. Motion made by Lois Becker with a second by Donna Koski to approve the budget. Motion carried.

Scholarships for State Meeting: Motion made by Donna Koski with a second by Cindy Craig to reduce amounts of the scholarships for the State Meeting from \$125.00 to \$100.00 for members attending the meeting. Motion carried.

DIRECTOR REPORTS

- Vice- President for Program and Community Outreach: Title is being changed to Vice-President for Family and Community Outreach. Julie Simek-Heggebo reported that the Prescription Drug Leader Training session will be scheduled in the near future. The dates will be in the newsletter. The training will be presented by Kristin Weiler who is a pharmacist at Sniteman's Pharmacy. Lois Becker read an article from the Marshfield News Herald about Comfort Carts at St. Joseph's Hospital and the need for twin size quilts for the carts. This will be discussed as a possible project for members.
- Dairy Bar: Motion will be made at Fall Council to change the By-Laws to read "Coordinator/Coordinators" of the Dairy Bar instead of "Coordinator".
- WI Bookworms™ Coordinator. Donna Koski reported on the current financial status, and changes in the program.
- Marketing/Membership Coordinator: Cindy Craig has sent an article for UPDATE. There was also a picture in the papers of those who attended the State Meeting. An article will be written about the Minocqua Tour which will be submitted to the papers.

COMMITTEE REPORTS

- Cultural Arts: Lois Becker reported on the many awards which were presented to Clark County members for their entries at the State Meeting.
- International/Citizenship: Donna Koski reported that the collection at Fall Council will be items for Clark County Department of Aging Office.
- Scholarship: Joan Knack announced the winners of the scholarships awarded for further education. They are Josh Niemi, Owen; Michelle Seefeld, Unity; and Cindy Zvolena, Loyal.
- Tour: The Minocqua Tour was very enjoyable and it was completely full.
- Travelling Trophy: The Travelling Trophy score sheet has been reviewed by the committee (Arlene Stark, chairperson) and was reviewed at the Board Meeting.

OLD BUSINESS:

- Fall Council: Will be held on November 8 at ADS in Greenwood. Registration will begin at 6:15 p.m. with the meeting at 6:30 p.m. A nominating committee was appointed to seek candidates for the open Board positions and to fill the vacated positions on the standing committees. The nominating committee members are Lois Becker, Dianna Schuette, and Cindy Craig.
- West District Meeting: will be held on October 10 in Holmen.

NEW BUSINESS

- Member Dues: A discussion was held regarding the current dues, and cost of mailing of the newsletter. A motion was made by Sandy Fritz with a second by Donna Koski to recommend an increase in the dues at the Fall Council. The proposed change would be as follows: Dues for club members would increase from \$7.00 to \$10.00 per year and dues for Members at Large would increase from \$10.00 to \$13.00 per year. The change, if approved, would not take place for a year.

Meeting was adjourned at 8:15 p.m. with the prayer.

Submitted by
Mary Kipp, Secretary

Your county
extension office



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HCE—Growing Stronger—Reaching Wider
Caring To Make A Difference



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Advisors

International/Citizenship
Cultural Arts
Scholarship
Tour
Traveling Trophy

Standing Committee Chairs

President
Vice President for Program and Community Outreach
Secretary
Treasurer
Historian
Wisconsin Bookworm™ Coordinator
HCE Day Coordinator
Marketing/Membership Coordinator

Julie Simek-Heggebo, FLA

Lois Becker
Donna Koski
Joan Knack
Joanne Trunkel
Betty Loos

Diana Schutte
Lois Becker
Mary Kipp
Pat Miller
Arlene Stark
Donna Koski
Sandy Fritz
Cindy Craig

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