



January 2012

Clark County Association for Home & Community Education

Clark County HCE President *Diana Schuette*
Vice President for Program and Community Outreach *Lois Becker*
Family Living Agent / HCE Advisor *Julie Simek-Heggebo*

Presidents Message

I just hung up my new 2012 Calendar....right now it is a clean slate, but I am sure the dates will fill up before long. Besides being a Leap Year, 2012 will be an important election year, with the country voting for president and members of congress nationally. On the local front, we have an important spring election coming up, with County Board positions and local school boards and city alderman races. I encourage all our HCE members to be good citizens and be involved: at the very least, make sure to vote at every opportunity!

2012 will also afford us lots of opportunities to grow as HCE members. We have lots of activities planned for the new year. In February the Tour Committee has made arrangements for a trip to the Home and Garden Show in the Exhibition Hall at the Alliant Energy Center in Madison on February 11. Registration is due by January 27. The form is in your December newsletter.

We also hope to have a quilting bee scheduled for some time in February or March for the Comfort Quilts we talked about at the Fall Business Meeting. Even if you have never quilted, I can practically guarantee you a fun afternoon of pinning, hemming and tying the comfort quilts. If you have a sewing machine that you could bring along so much the better. We will try to get the meeting room at the City Hall in Loyal. Watch for dates in the local papers.

Our March project lesson on Pruning Shrubs and Small Trees will come just in time for spring. We were lucky to get Terri Lessig, U-W Wood County Horticulturist, a gardening expert who has a regular column in the Marshfield News Herald to present this for us on March 31. Weather permitting she will demonstrate outside. Of course, this being Wisconsin, we may have three feet of snow on the ground the day she will be in Greenwood. We will also have a lesson on Women's Heart Health in January. More information on this can be found in the newsletter.

I hope everyone had a Very Merry Christmas, and wishing you all a happy and prosperous new year,

Diana Schuette

Clark County HCE President



Mission Statement of the Wisconsin Association for Home and Community Education

HCE Offers Opportunities for:

Learning in a social setting

Sharing what we learn

Caring to make a difference in our homes, communities, and the world

Club News

Hilltop / November

- WAHCE Week was November 6—12 and Cindy Craig made a bulletin board of HCE activities
- Thank you note was received and read from The Highground for our donation
- Hilltop HCE had 3 new members join in 2011!
- A Christmas ornament was made by all members; instructed by Arlene Stark


Live and Learn / January

- Joan Knack presented information from Forum 55 entitled "Take Steps to Live Fall Free"
- Committee reports given by: Barb Kingsbury (FHN—Happiness Diet); Patty Rinka (I/C—important dates in January) Joan Knack (Safety—"Drugs in the Food Chain"
- Lois Becker is organizing Quilting Bees to make quilts for the Comfort Carts at St. Joseph's Hospital.
- There will be no meeting on February—members will attend presentation at Lutheran Church given by Gwen Pigott on February 9

Owen Happy / December

- Following the Christmas party a short meeting was held
- Sandy talked about a possible project club could do—Sweet Dreams (for abused children)

If you know of someone who would like to be a member-at-large please share this form with them.



2012 Member-At-Large Registration / Renewal Form

Please register me as a Member-At-Large with
Clark County Association for Home and Community Education (HCE)!

Name

Mailing Address (include PO Box if needed)

City and Zip

Telephone Number

Please **return completed form and your payment of \$10** (made payable to Clark County HCE) to:

Pat Miller
Clark County HCE Treasurer
N9934 Groveside Ave,
Spencer, WI 54479

In order to receive the next HCE Grapevine please return no later than **FEBRUARY 1**.

2012 HCE Garden Expo Tour *Saturday, February 11*

Spring is a long way off and we've just put the gardens to rest but come February it will be time to start planning and thinking about them again so the Clark County HCE will be taking a trip to the WPT Garden Expo in Madison on February 11. The Garden Expo, now in its 19th year, offers you a space to "think green" and to begin planning for summer days.

There are many things to do at the Expo, like wading through the central garden display, visiting with hundreds of businesses, independent contractors, and artists to view their work and share ideas. There is also the chance to purchase seeds, tools, and everything else you need or want for gardening.

The Garden Expo features a variety of educational seminars and demonstrations on topics such as lawn care, new plant ideas, cooking, and more. There is no charge for these and participants are welcome to simply attend whichever sessions are of interest to them. A list of topics will be listed on their website mid-December at www.wigardenexpo.com. They also offer several hands on workshops. These require pre-registration and a fee. If you are interested in any of these you must make your own reservations at www.wigardenexpo.com.

We plan to be at the Expo from 10:30 a.m.—4:00 p.m. There is lots of walking involved but it is at your own pace. Lunch is available on the grounds but it is on your own. We will be making a stop for supper in Mauston on the way home at a McDonalds or Culvers. This is also on your own.

We will be traveling with Progressive Travel and pick up times are as follows:

6:00 a.m. Progressive Travel Garage—Spencer
6:30 a.m. O-W High School (west side)—Owen
6:50 a.m. Mayville's Market—Greenwood
7:10 a.m. Pamida—Neillsville

Cost of trip is \$37 for HCE members and \$42.00 for non members. This includes bus, entry fee, and bus driver's tip.

Please send registration to: Joanne Trunkel
N9569 River Ave
Greenwood, WI 54437

Registration form can be found on page 5.

Registrations are due by **JANUARY 27** and are on a first-come/first-serve basis.

If you have any questions, please call Joanne at 715-267-7264.

*HCE Garden Expo Tour
February 11, 2012*

Name

Phone Number

Mailing Address (City, State, Zip)

I am a **club or individual member** of HCE (\$37 each)

I am a **family member** of an HCE member (include spouses and children under 18—\$37 each)

Non-member (\$42 each)

I will board the bus at: Spencer Owen Greenwood Neillsville

Please check the following statement acknowledging that you agree to the terms:

I voluntarily and without reservation on behalf of myself, my heirs, executors, and assigns assume the risk of the tour/trip and waive any and all claims of whatever against the Board of Regents of the University of Wisconsin System and all its employees, agents, and the officer of the Clark County Association for Home and Community Education.

A registration form must be returned for each person by **January 27**. Send registration form, payment (made payable to Clark County HCE) and a self-addressed, stamped envelope to:

Joanne Trunkel
HCE Garden Tour
N9569 River Ave
Greenwood, WI 54437

Registration fee is not refundable but can be transferred to another person.

**"The Heart Truth for Women"
Monday, January 30
Loyal City Hall
1:30—3:00 p.m.**

**Learn about heart disease,
risk factors and heart attack
warning signs for women.**

Just a reminder—the HCE newsletter can now be found on-line at:
<http://clark.uwex.edu/hce-newsletters/>

Also—you can request that you receive your newsletter via email to save on postage—contact the UW-Extension Office at 715-743-5121.

**Clark County
Red Cross Blood Drive Dates**

January 11
Abbotsford High School
10:00 a.m.—3:00 p.m.

January 16
Neillsville American Legion Hall
11:00 a.m.—6:00 p.m.

February 21
Thorp Fire Hall
12:00—6:00 p.m.

February 24
Greenwood High School Cafetorium
12:15—5:15 p.m.

February 27
Granton High School (small gym)
12:00—5:00 p.m.

March 6
Clark County Health Care Center
12:30—5:30 p.m.

March 26
Neillsville American Legion Hall
11:00 a.m.—6:00 p.m.

**Learn How to Prune Your Small
Shrubs and Fruit Trees**

Saturday, March 31
ADS—Greenwood
302 S Jones Street
10:00 a.m.

Teri Lessig, Wood County Horticulture Educator,
will demonstrate how to correctly prune your small
shrubs or fruit trees.

This program is free and open to the public.

Contact the Clark County UW-Extension Office
(715-743-5121) for more information.

Save the Date

HCE Day

**“The More We Get Together
The Happier We Will**



**April 14
United Church of Christ
Neillsville**

**There will be mini session, speaker,
potluck lunch and more!**

**If you have any questions
please call:**

**Sandy Fritz
715-229-2323**

To Clark County Homemakers:

*Thank you for your generous donation of
food items, gifts and clothes to the Clark
County Aging Office for the elderly. These
items were distributed throughout the
holiday season to the elderly of Clark
County. Your donation and thoughtfulness
is greatly appreciated.*

*Sincerely,
Mary Sladich, Director*

WAHCE Scholarships Available

Jones-Lee Scholarship

The Nellie Kedzie Jones and Blanche L. Lee Scholarships were established to honor two outstanding State Leaders of UW-Extension. To encourage more applicants, the two scholarships were combined in 2001 into one \$1,000 scholarship. All applicants must be associated with WAHCE. All WAHCE members in good standing, their children, step-children, and their grandchildren are eligible. Scholarship is to be used for a two-year associate degree in a vocational, technical school or to continue education at the university level as a full or part-time student with a minimum of four credits. Recipient must be a resident of WI and may receive the Jones-Lee Scholarship only once. Application is due April 1 to the scholarship chair.

Ardith McDowell International Scholarship:

The Ardith McDowell International Scholarship was established to honor Ardith, a long-time member of the Wisconsin Association for Home and Community Education, Inc. (WAHCE), as retiring Letter Friend Coordinator for Associated Country Women of the World (ACWW) for eight and a half years. During that time Ardith matched 648 women to write to each other from 230 societies in 42 countries all over the world. This scholarship is available to *WAHCE members only*, for travel to a WAHCE supported international project. It may be received only once in three years, and is to be used for travel expenses. Application is due April 1 to the scholarship chair.

Memorial Leadership Scholarship

The Memorial Leadership Scholarship was established through a memorial from the Betty Hilbert estate and the monies from the WAHCE Legacy Fund. This \$175 scholarship is to be used to encourage members of WAHCE to seek leadership training so they may become capable, willing and enthusiastic leaders in the organization. This scholarship is available to WAHCE members *only* for registration to a leadership program. (members of the WAHCE State Board are not eligible.) Application is due May 31st to the scholarship chair and may be used for leadership opportunities during the previous months from the last scholarship, as well as to upcoming leadership opportunities.

All of these applications are on the WAHCE web site: www.wahceinc.org.

Please send applications to:

Barbara Dain
Scholarship Chair
11163 Durant Road
Waupaca, WI 54981

Ruth Buxton Sayre Scholarship

Ruth Buxton Sayre was known as the "First Lady of the Farm" and inspired millions of rural women around the world to improve themselves and their communities with her practicality, humor, decency, and common sense. She earned high posts in state, national and international organizations and served as ACWW President from 1947-1953. Country Women's Council USA, offers a Ruth B. Sayre Memorial Scholarship each year to a woman who is a resident of North or South America, who shows a financial need, and who has the ability to complete her education. The Scholarship recipient(s) shall be paid up to the amount of \$500 for a year's period of study, the money to be sent to the educational institution she is attending for tuition and/or books. Deadline for submission is March 1st to:

Lylene Scholz
WAHCE President
2207 Virginia Drive
Manitowoc, WI 54220

WAHCE International Committee Report 2011

At Lions Camp the International District Committee reviewed our 2011 "Plan of Action" which was to focus on the countries of the Caribbean and Central and South America and decided that we would continue with the same focus for 2012. At this time we have some people who are available statewide to speak on Nicaragua, Lynda Pracht, Costa Rica, Sandy Kracht and Haiti, Kathy Roberg. The District International Chairs are trying to compose a list of speakers from our focus area for the counties to draw upon and will notify the counties when this list is available.

"Pennies for Friendship" distribution of \$10,709.66

25% of the Undesignated Pennies for WAHCE projects plus Pennies designated for Haiti and Nicaragua

Haitian Relief:

- | | |
|---|------------|
| a) Ventures in People (sponsor 4 students for school) | \$600.00 |
| b) Carline Vital (ODEMIHF)* | \$2,795.61 |
- *(Organization for the Development of Immigrant Haitian Women and their Families)

Heifer International	\$1,510.00
Milk menagerie	\$1000.00
(Represents a heifer, two goats and a water buffalo all ready to produce gallons of rich nutritious milk)	
Knitting Basket	\$480.00
(Represents a pair of llamas and a pair of sheep for their wool and for breeding)	
Honey Bees	\$30.00
(Represents a box and hive and training in the latest beekeeping techniques)	

Wisconsin Nicaragua Partners	\$782.92
Shipping expenses	\$257.79
Sewing centers designated	\$525.13
Pennies for ACWW (75% of Undesignated + Water for All)	\$4,467.92
Safe Water & Well Project (New Well Fund kept in reserve)	\$553.21

We plan to encourage counties to show the DVD "Where Have all the Pennies Gone". Lylene, WAHCE President, is looking into where the DVD is and how we can get copies to the counties in a timely manner. We also decided to focus on increasing awareness of ACWW by working on one of the resolutions and one of the recommendations from the 2010 ACWW triennial:

Resolution 3: In view of the United Nations Millennium development goal calling for eradication of extreme poverty and hunger, and to improve employment for women be it resolved that ACWW societies ask to make available access to credit for women. (Our thought is that the counties can work in conjunction with their food pantries or women's shelters, whatever the need is in their county)

Recommendation 1: All member societies worldwide be urged to plant trees as a contribution towards combating climate change. (A suggestion is that this would be a good Arbor Day project)

We are requesting counties promote the ACWW program "Women Walk the World for ACWW" on April 28, 2012. The aim is to raise ACWW's profile and to raise funds for "Pennies for Friendship". Women throughout the world are being asked to join in the walk. Members are asked where possible to seek local sponsorship to help raise funds. This is a very important day, so please encourage our membership to take part for our own health and the health of ACWW. Check out the ACWW website www.acww.org for more information on this program.

We are encouraging our membership to remember our partnership with Wisconsin Nicaragua Partners and keep donating sewing supplies for this important cause. We are also asking for baking supplies which are going to be used to help teach the Nicaraguan people how to bake and sell their products to help them make a living. The Nicaragua packing slips are on our website www.wahceinc.org. Just a reminder be sure to indicate the contents of the box, either sewing or baking on the packing slip and the slip is to be put on the side of the box.

Betty Tubbins
WAHCE International Chair

Joan Knack
West District International Chair

The Committee also approved
PROJECT PROFILE FOR BANGLADESH
for all WAHCE Clubs to work on during 2012

Country: Bangladesh
Society: POWER (Platform of Women's
Empowerment and Rights)
Project: Provision of clean water and
sanitation for uplift of poor women's families
Project #: 0902
ACWW Grant: £3,520

The aims of the project are to develop hygienic living facilities by installing 5 hand tube-wells for 50 families and setting up 15 sanitary pit latrines for 75 families, and improving the living conditions of poor women by eradicating water-borne diseases and minimizing medical costs. 125 families will benefit from this project (having a total number of 530 members). They are one of the poorest groups in the Adamdighi upazila area and about 50% of all mothers suffer from diarrhoea, dysentery, jaundice, worms, and other fatal diseases. The local officials from the Government Sanitation Department will assist the organization in implementation of the project.

At the end of the project the organization will provide one-day orientation training in the maintenance, protection, and self-sustainability of the hand tube-wells and pit-latrines.

Betty Tubbins
WAHCE International Chair

Joan Knack
West District International Chair

Needed—Bookworm Coordinator

Duties include:

- Sending out letters for grant money
- Keeping records of local daycares
- Number of books needed, readers, etc.

Donna Koski did an excellent job organizing the information and everything is well organized and ready for the next person to take over.

For more information please contact
Diana Schuette (715-223-2832).



**Clark County HCE Executive Board Meeting
January 3, 2012
ADS—Greenwood**

The HCE Executive Board Meeting was called to order by President Diana Schuette at 6:30 p.m. in the ADS in Greenwood with the Flag Pledge and HCE Creed.

Present were: Diana Schuette, Lois Becker, Joan Knack, Pat Miller, Sandy Fritz, Cindy Craig and Julie Simek-Heggebo.

The Secretary's report was reviewed and placed on file; the Treasurer's report was reviewed and placed on file.

President Diana Schuette reported that "Pruning Your Small Shrubs and Fruit Trees" is scheduled for Saturday, March 31 at 10:00 a.m. at the ADS building in Greenwood. "Heart Truth for Women" is tentatively scheduled for Monday, January 30 at 1:30 p.m. This project will be held in Loyal. There will only be one session for each of these projects.

DIRECTOR REPORTS

1. Vice-President for Family and Community Outreach, Lois Becker reported that she is planning three quilting bees to make the Comfort Quilts for the hospital. The first is tentatively scheduled for Thursday, February 16 at 9:00 a.m. to about 3:00 p.m. in Loyal City Hall. Everyone is invited to help. Bring your lunch or come for part of the day.
2. Cindy Craig is willing to coordinate the Dairy Bar again but needs someone to help. It's uncertain whether Arlene Stark will be available. We also discussed the freezer/cooler situation and will table both discussions until the next meeting.
3. Sandy Fritz reported that HCE Day will be on Saturday, April 14 at the United Church of Christ in Neillsville. There will be a nominal fee. She has selected "The more we get together the happier we'll be" (with a bee at the end) as the theme. We discussed options for speaker and workshops and will work on these.

COMMITTEE REPORTS

Joan Knack reported for West District International, stating she had sent an article to Lori for the newsletter regarding WAHCE "Pennies for Friendship" distribution. The article is also going to all the counties in West District. She briefly reviewed the information.

OLD BUSINESS

Joan Knack reported that she has been communicating with Kevin and Tammy Smith since they left the area, and circulated their Christmas letter around the table.

NEW BUSINESS

We discussed how to fill the vacancies on the Board, following which Lois Becker motioned: "In the event of a vacancy in any board position, I move that it can be filled by appointment until the next election." Cindy Craig seconded and the motion carried on voice vote. The motion will be incorporated into the Standing Rules.

The meeting was adjourned at 7:55 p.m. by President Diana Schuette.

Submitted by
Joan Knack, Secretary

Your county
extension office



UW
Extension
Cooperative Extension
Clark County

Address Label

517 Court Street, Room 104
Neillsville, WI 54456-1982

Phone: 715-743-5121
Fax: 715-743-5129
E-mail: julie.simek-heggebo@ces.uwex.edu
Website: yourcountyextensionoffice.org

ADDRESS SERVICE REQUESTED

HCE—Growing Stronger—Reaching Wider
Caring To Make A Difference



An EEO/Affirmative Action employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements.

If you need an interpreter, materials in alternate formats, or other accommodations to access any programs, activities, or services, please contact the program coordinator at **715-743-5121** as soon as possible (10 days is reasonable) preceding the scheduled event so that proper arrangements can be made in a timely fashion.

715-743-5121
715-743-4100
715-743-4528
715-743-6629
715-267-6060
715-255-9443
715-743-6629
715-229-2323
715-743-4100
715-659-4349
715-255-9900
715-255-8307
715-223-2832

Julie Simek-Heggebo, FLA
Arlene Stark
Joan Buchholz
Cindy Craig
Mary Kipp
Donna Koski
Cindy Craig
Sandy Fritz
Arlene Stark
Pat Miller
Joan Knack
Lois Becker
Diana Schutte

Officers
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Vice President for Program and Community Outreach
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Historian
Wisconsin Bookworm™ Coordinator
HCE Day Coordinator
Marketing/Membership Coordinator
Standing Committee Chairs
Cultural Arts
International/Citizenship
Scholarship
Tour
Traveling Trophy
Advisor